### Doctrinal Mastery Passages Book of Mormon Spring Semester

**Note**: I included Alma 7:1-13 because it is found in the first half of the Book of Mormon, but I'll also include it in Fall DM Helps. It is just that good!

#### 1st Term

- 1 Nephi 3:7
- 2 Nephi 2:25
- 2 Nephi 2:27
- 2 Nephi 26:33
- 2 Nephi 28:30
- 2 Nephi 32:3
  - Quiz 1st Term

#### 2<sup>nd</sup> Term

- 2 Nephi 32:8-9
- **Mosiah 2:17**
- Mosiah 2:41
- Mosiah 3:19
- Mosiah 4:9
- Mosiah 18:8-10
- Alma 7:11-13
  - Quiz 2<sup>nd</sup> Term

#### **Mnemonic Handout**

### A Little Doctrinal Mastery Explanation

- Each week you can spotlight a Doctrinal Mastery passage and help your students get to know that passage better. This can be done regardless of if you have taught there in the scriptures yet.
- To spotlight a scripture for the week, it takes about 5 minutes each day. I have the class recite the verse in unison each day (first slide). Then do one of the following on different days:
  - Ask the class why that verse is important and why it was chosen.
  - Share the mnemonic (second slide). See helps to sharing a mnemonic on the next slide.
     Don't forget to look at the PPT notes. Great helps there.
  - Share the scripture study skill with the Doctrinal Mastery passage.
  - Share a scenario and have them discuss or roleplay with their partner (third slide).
  - Try to memorize the Doctrinal Mastery passage. (fourth slide)
  - A quote to encourage your students in their personal scripture study goal.
- I have broken the Doctrinal Mastery Verses into the 4 terms like your students might experience in the school year and a quiz for each term and semester. Since there is no longer grades in seminary, you can make incentives to help motivate them to learn the key words and references. It also helps for those stakes the have scripture bowls later in the year. I have also included a lot of other helps so look clear through this document. ©

# Core Credit Scriptures for the Book of Mormon

#### **Spring 2024**

- 1 Nephi 1, 8, 11 (7.5 pages)
- 2 Nephi 9:1-29 (2.5 pages)
- **Mosiah 2-5** (12 pages)
- **Alma 5, 7** (7 pages)
  - Total: 29 pages

#### *Fall 2024*

- Alma 32-34 (8.5 pages)
- 3 Nephi 11, 15-21 (18 pages)
- **Moroni 10** (2.5 pages)
  - Total: 29 pages

## Books of the Book of Mormon



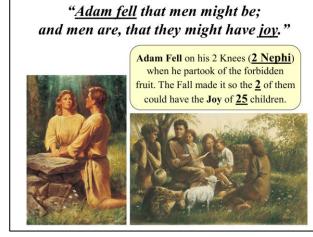
**Large Plates Abridgment** 

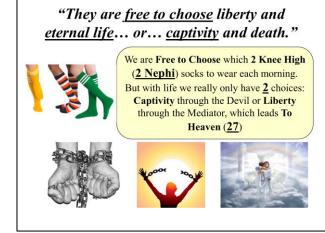
## Steps To Learning Doctrinal Mastery Scriptures and Mnemonics

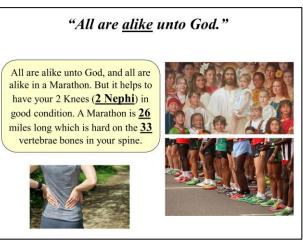
- 1. Keep the key words of the scripture in mind (especially the <u>underlined</u> words)
- 2. Use the notes in the PPT to help your students come up with the answers.
- 3. Link the key words to an idea or image in the cartoon mnemonic
- 4. Link the idea to the reference embedded in the cartoon mnemonic
- 5. Practice with a friend, with them saying the key words, and you giving the reference
- 6. Give hints from the mnemonic

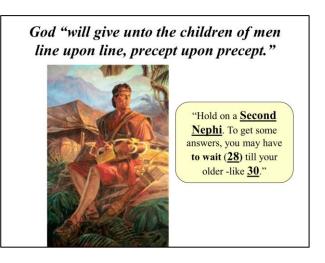


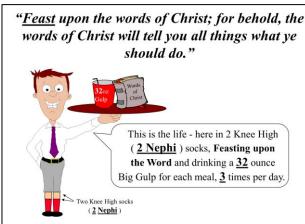






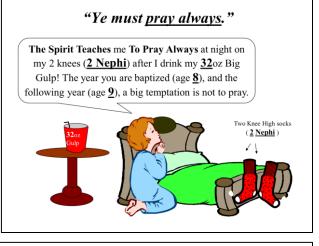




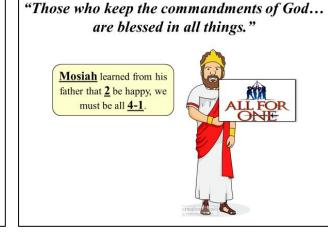


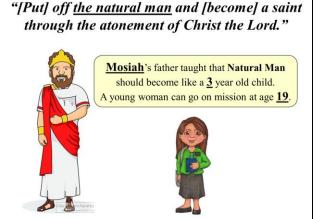
#### **Some Possible Uses:**

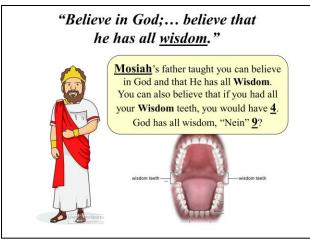
- Print out a copy for each pair. Have one quiz the other by saying the Scripture Phrase and the other giving the reference. Encourage them to give hints instead of the answers.
- Print and cut out the 6 squares and write the reference on each back. Then have the 6 cards laying out between the two students. Give a clue and the first person to touch the correct card with that reference, gets that card. Person with the most cards wins.













"And he shall go forth, <u>suffering pains</u> and afflictions and temptations of every kind."



Alma taught that, instead of staying in Heaven (7) Jesus came down and suffered so he can help us, get through things like becoming an adolescence (11-13 years old).



#### **Some Possible Uses:**

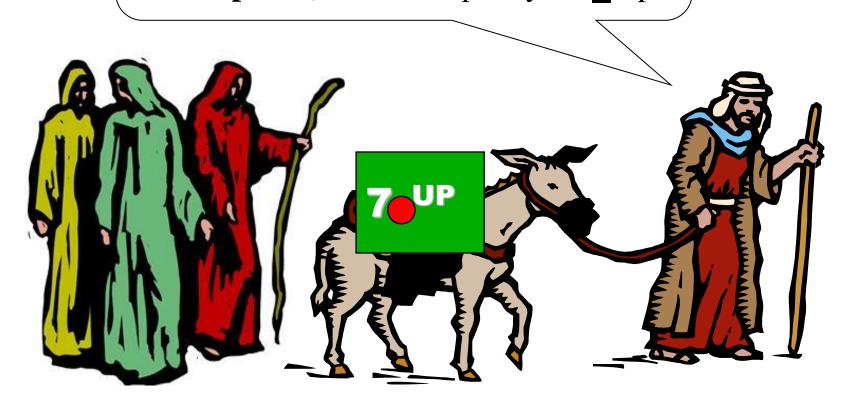
- Print out a copy for each pair. Have one quiz the other by saying the Scripture Phrase and the other giving the reference. Encourage them to give hints instead of the answers.
- Print and cut out the 6 squares and write the reference on each back. Then have the 6 cards laying out between the two students. Give a clue and the first person to touch the correct card with that reference, gets that card. Person with the most cards wins.

### 1 Nephi 3:7

7 And it came to pass that I, Nephi, said unto my father: I will go and do the things which the Lord hath commanded, for I know that the Lord giveth no commandments unto the children of men, save he shall prepare a way for them that they may accomplish the thing which he commandeth them.

## "I will go and do the things which the Lord hath commanded."

**I**, Nephi Will Go and Do and take my 3 brothers back to Jerusalem with me. To be **Prepared**, we'll take plenty of 7-up.





### Scripture Study Skill Time – Not Distance



Howard W. Hunter, taught, "... It is better to have a set amount of time to give scriptural study each day than to have a set amount of chapters to read. Sometimes we find that the study of a single verse will occupy the whole time" (in Conference Report, Oct. 1979, 91–92; or Ensign, Nov. 1979, 64).



### The Daily Dilemma



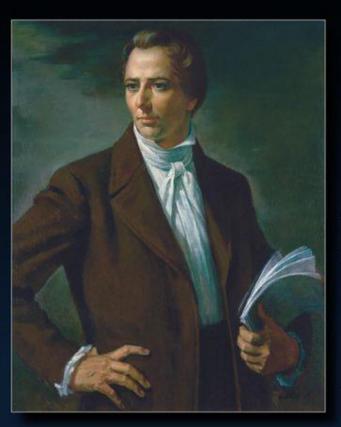
- You are talking with someone who is struggling with an addiction. They say, "I just feel like it isn't possible to overcome this addiction in my life. The temptations are too strong."
- Rosa feels down on herself because she struggles to keep a certain commandment. She has obeyed the commandment at times but has not done so consistently.
  - You decide the commandment: fasting, paying tithing, fulfilling a
     Church calling, or being honest.
- Sarah loves the Lord and wants to serve in His Church. However, she has recently received a Church assignment that she doesn't feel qualified to accomplish. She accepted the assignment but is hesitant to move forward with it.



### 1 Nephi 3:7



	A	i	C		t p	)	t	I	, N	,
S	u		m	f		: <u>I</u>	W	g	a	d
t	t		W		t	I	_1	h		
c			,	f	I ]	k		t	t	L
g		n	C					u		t
C			o n	1	, S		h	S	p	)
a	W	f	t		t	t		m		
a			t		t	•	W		h	
C				t		•				



...search the Scriptures—search the revelations which we publish, and ask your Heavenly Father, in the name of His Son Jesus Christ, to manifest the truth unto you, and if you do it with an eye single to His glory, nothing doubting, He will answer you by the power of His Holy Spirit. You will then know for yourselves and not for another. You will not then be dependent on man for the knowledge of God.

### 2 Nephi 2:25

25 Adam fell that men might be; and men are, that they might have joy.

# "Adam fell that men might be; and men are, that they might have joy."



Adam Fell on his 2 Knees (2 Nephi) when he partook of the forbidden fruit. The Fall made it so the 2 of them could have the Joy of 25 children.





### Scripture Study Skill Highlighting The Whole Verse



- How to highlight the whole verse so you can still mark parts of the verse later?
- Examples
- Unique verses:
  - Doctrinal Mastery?

59

children; yea, even the "family of all the earth.

21 And the days of the children of amen were prolonged, according to the bwill of God, that they might repent while in the flesh; wherefore, their state became a state of aprobation, and their time was lengthened, according to the commandments which the Lord God gave unto the children of men. For he gave commandment that all men must repent; for he showed unto all men that they were lost, because of the transgression of their parents.

22 And now, behold, if Adam had not transgressed he would not have fallen, but he would have remained in the garden of Eden. And all things which were created must have remained in the same state in which they were after they were created; and they must have remained forever, and had no end.

23 And they would have had no achildren; wherefore they would have remained in a state of innocence, having no bjoy, for they knew no misery; doing no good, for they knew no csin.

24 But behold, all things have been done in the wisdom of him who aknoweth all things.

25 <sup>a</sup>Adam <sup>b</sup>fell that men might be; and men <sup>e</sup>are, that they might have <sup>d</sup>iov.

26 And the <sup>a</sup>Messiah cometh in the fulness of time, that he may <sup>b</sup>redeem

2 NEPHI 2:21-30

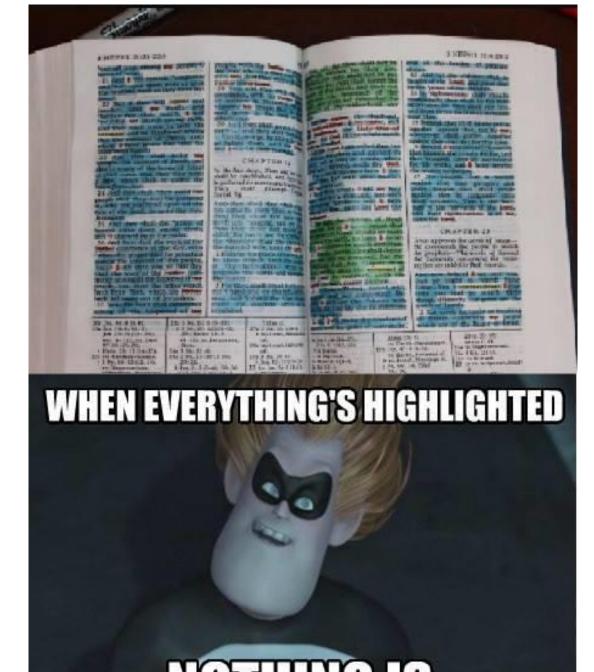
the children of men from the fall. And because that they are 'redeemed from the fall they have become 'free forever, knowing good from evil; to act for themselves and not to be acted upon, save it be by the punishment of the 'law at the great and last day, according to the commandments which God hath given.

27 Wherefore, men are "free according to the "flesh; and "all things are "given them which are expedient unto man. And they are free to "choose "liberty and eternal "life, through the great Mediator of all men, or to choose captivity and death, according to the captivity and power of the devil; for he seeketh that all men might be "miserable like unto himself."

28 And now, my sons, I would that ye should look to the great <sup>a</sup>Mediator, and hearken unto his great commandments; and be faithful unto his words, and choose eternal life, according to the will of his Holy Spirit;

<sup>29</sup> And not choose eternal death, according to the will of the flesh and the <sup>a</sup>evil which is therein, which giveth the spirit of the devil power to <sup>b</sup>captivate, to bring you down to <sup>c</sup>hell, that he may reign over you in his own kingdom.

30 I have spoken these few words unto you all, my sons, in the last days of my probation; and I have





### The Daily Dilemma



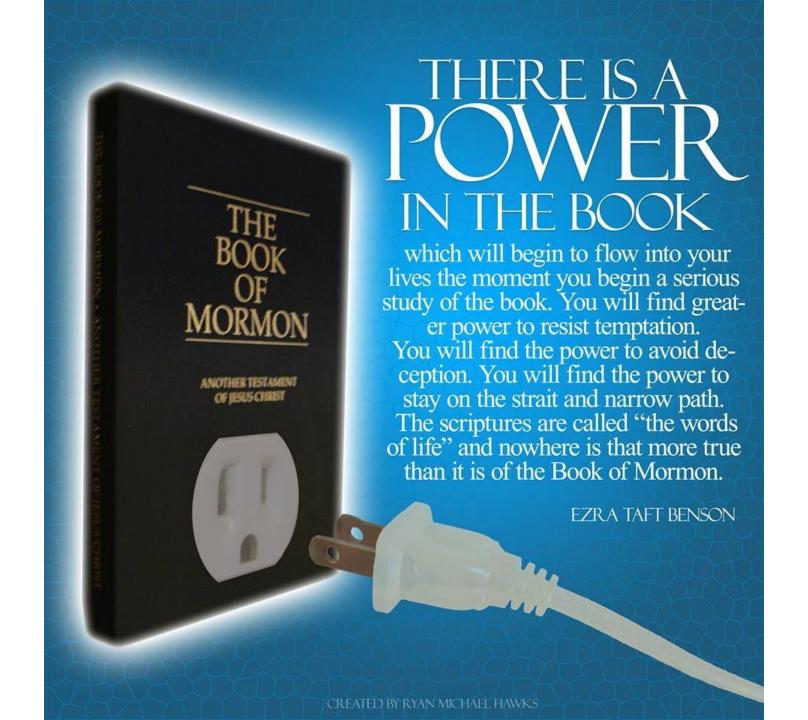
- You are asked by a stranger, "What do you Mormons believe the purpose of life is?"
- While learning about the Fall of Adam and Eve in his Sunday School class, Gideon is surprised to hear his teacher say that the Fall is an essential part of Heavenly Father's plan of salvation. He begins thinking of all the negative things that can happen because of the Fall—sin, death, sickness, disability, mental illness, trials, and many more. He realizes that the things he complains about the most are often consequences of the Fall. He wonders how the Fall could possibly be something that Heavenly Father would have wanted to happen.
- A person from another church is talking about what a tragedy it was that Adam and Eve ever partook of the fruit. They are blaming Adam and Eve for all the troubles of this Fallen world."







	A	f	t	m	m	b ; a
m	a	, t	t	m	h	j .



### 2 Nephi 2:27

27 Wherefore, men are free according to the flesh; and all things are given them which are expedient unto man. And they are free to choose liberty and eternal life, through the great Mediator of all men, or to choose captivity and death, according to the captivity and power of the devil; for he seeketh that all men might be miserable like unto himself.

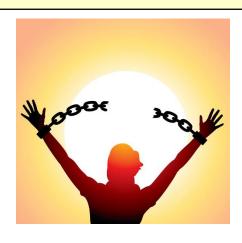
# "They are free to choose liberty and eternal life... or... captivity and death."



We are **Free to Choose** which **2 Knee High**(**2 Nephi**) socks to wear each morning.

But with life we really only have **2** choices: **Captivity** through the Devil or **Liberty**through the Mediator, which leads **To Heaven** (**27**)









#### Scripture Study Skill **Footnotes**



- Not all Footnotes are created equal.
- What do the abbreviations mean?
  - -TG (not a synonym or definition)
  - -GR and HEB
  - -JST
  - -OR or IE
- Marking the superscript letter for the best ones.

2 NEPHI 2:21-30

children; yea, even the "family of all the earth.

21 And the days of the children of amen were prolonged, according to the bwill of God, that they might repent while in the flesh; wherefore, their state became a state of dprobation, and their time was lengthened, according to the commandments which the Lord God gave unto the children of men. For he gave commandment that all men must repent; for he showed unto all men that they were elost, because of the transgression of their parents.

22 And now, behold, if Adam had not transgressed he would not have fallen, but he would have remained in the garden of Eden. And all things which were created must have remained in the same state in which they were after they were created: and they must have remained forever, and had no end.

23 And they would have had no achildren; wherefore they would have remained in a state of innocence, having no bjoy, for they knew no misery; doing no good, for they knew no esin.

24 But behold, all things have been done in the wisdom of him who aknoweth all things.

25 <sup>a</sup>Adam <sup>b</sup>fell that men might be; and men care, that they might have

26 And the <sup>a</sup>Messiah cometh in the fulness of time, that he may bredeem

the children of men from the fall. And because that they are 'redeemed from the fall they have become dfree forever, knowing good from evil; to act for themselves and not to be acted upon, save it be by the punishment of the elaw at the great and last day, according to the commandments which God hath

27 Wherefore, men are afree according to the bflesh; and call things are dgiven them which are expedient unto man. And they are free to choose 'liberty and eternal 'life, through the great Mediator of all men, or to choose captivity and death, according to the captivity and power of the devil; for he seeketh that all men might be h miserable like unto himself.

28 And now, my sons, I would that ve should look to the great aMediator, and hearken unto his great commandments; and be faithful unto his words, and choose eternal life, according to the will of his Holy Spirit;

29 And not choose eternal death. according to the will of the flesh and the aevil which is therein, which giveth the spirit of the devil power to bring you down to chell, that he may reign over you in

30 I have spoken these few words unto you all, my sons, in the last days of my probation; and I have

his own kingdom.

20a 1 Cor. 15: 45 (45-48); D&C 27:11:138:38: Moses 1: 34, TG Adam. 21a Job 14: 1; Alma 12: 24; Moses 4: 23 (22-25). b TG God, Will of. c Alma 34: 32. TG Repentance. d TG Mortality: Probation. e Jacob 7: 12. Motherhood. b TG Joy.

23a Gen. 3: 16; Moses 5: 11. TG Family; Marriage, c TG Sin.

24a TG God, Foreknowledge 27a Gal. 5: 1; Hel. 14: 30 of: God. Intelligence of: God, Omni-

science of. 25a TG Adam. b Moses 6: 48, TG Fall of Man.

c TG Mortality. d Moses 5: 10. TG Joy; Man, Potential to Become like Heavenly Father.

26a TG Jesus Christ, Messiah.

b TG Salvation, Plan of. c TG Redemption. d Gal. 5:1; Alma 41:7;

42: 27; Hel. 14: 30. e TG God, Law of. (29-30); Moses 6: 56. b TG Mortality.

c 2 Ne. 26: 24; Jacob 5: 41: Alma 26: 37.

d Alma 29: 8. TG Talents.

е то Initiative:

Opposition.

f TG Liberty. g Deut. 30: 15.

h D&C 10: 22. 28a TG Jesus Christ,

Mediator. 29a TG Evil: Sin.

> b Rom. 6: 14 (14-18); 1 Ne. 14: 7: Alma 12: 11 (9-11). TG Bondage, Spiritual.

c TG Hell.

[Between 588 and 570 B.C.]



### The Daily Dilemma



• You have a friend that is struggling and making really bad choices. You want to help your friend understand how choices relate to consequences and freedom.

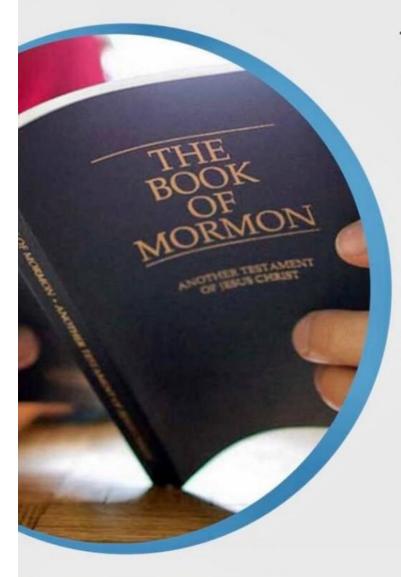


### 2 Nephi 2:27



W			,	m	a	f		a		t		
t	f	; a	8	ı t		a	g		t			
W		a e			u	-	m	. <u>A</u>	<b>\</b>	t		
a	f	t	C	1		E	a	e		1	•	
t		t	g	$\mathbf{N}$	$\mathbf{I}$		Ο	a	m	,	o t	
C		c		a	d		, a			t		
t	c		a	p		O	t	d		; f	h	
S		t	a	m	m		b	m				
1	u	h		•								

@Latterdayhelp



The Book of Mormon is the most correct of any book on this Earth, and the keystone of our religion, and a man would get nearer to God by abiding by its precepts, than any other book -Joseph Smith

@Latterdayhelp

### 2 Nephi 26:33

33 For none of these iniquities come of the Lord; for he doeth that which is good among the children of men; and he doeth nothing save it be plain unto the children of men; and he inviteth them all to come unto him and partake of his goodness; and he denieth none that come unto him, black and white, bond and free, male and female; and he remembereth the heathen; and all are alike unto God, both Jew and Gentile.

### "All are alike unto God."

All are alike unto God, and all are alike in a Marathon. But it helps to have your 2 Knees (2 Nephi) in good condition. A Marathon is 26 miles long which is hard on the 33 vertebrae bones in your spine.







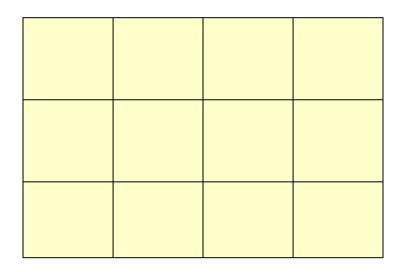


## Scripture Study Skill Ponderize



Elder D. Todd Christofferson stated, "I see you sometimes reading a few verses, stopping to ponder them, carefully reading the verses again, and as you think about what they mean, praying for understanding, asking questions in your mind, waiting for spiritual impressions, and writing down the impressions and insights that come so you can remember and learn more. Studying in this way, you may not read a lot of chapters or verses... but you will be giving place in your heart for the word of God, and He will be speaking to you.

### How many squares do you see? (Don't raise your -hand, just say it)





### The Daily Dilemma



- You meet a person who says our Church is racist.
- Your friend is starting to question if God is really kind and wants the best for us.



### 2 Nephi 26:33



n o t ; f h d W h d ; a o m a C p i b u  $\mathbf{n}$ S h i a t ; a C  $\mathbf{m}$ o h g h ; a a h  $\mathbf{n}$ C u , m a a a W h r h a ; a a

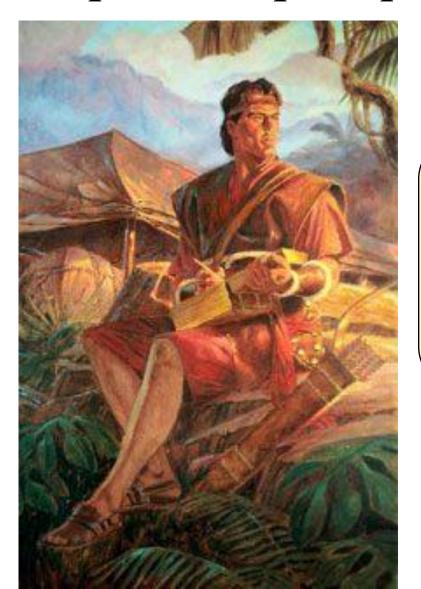
I IMPLORE EACH OF US TO PRAYERFULLY STUDY AND PONDER THE BOOK OF MORMON EACH DAY, AS WE DO SO, WE WILL BE IN A POSITION TO HEAR THE VOICE OF THE SPIRIT, TO RESIST TEMPTATION, TO OVERCOME DOUBT AND FEAR, AND TO RECEIVE HEAVEN'S HELP IN OUR LIVES.

-PRESIDENT THOMAS S. MONSON

### 2 Nephi 28:30

30 For behold, thus saith the Lord God: I will give unto the children of men line upon line, precept upon precept, here a little and there a little; and blessed are those who hearken unto my precepts, and lend an ear unto my counsel, for they shall learn wisdom; for unto him that receiveth I will give more; and from them that shall say, We have enough, from them shall be taken away even that which they have.

# God "will give unto the children of men line upon line, precept upon precept."



"Hold on a **Second Nephi**. To get some answers, you may have **to wait** (**28**) till your older -like **30**."



## Scripture Study Skill Looking Up Definitions



- What is a precept?
- In digital scriptures, hold on a word.
- 1828 definition
- Bible Dictionary, Study Helps



### The Daily Dilemma



- Your friend is struggling with some concerns about the Church and God, and is frustrated that he isn't figuring out the answers as quickly as he would like.
- Thomas begins to wonder what is wrong with him. He believes in God and that The Church of Jesus Christ of Latter-day Saints is true. But he feels like his testimony is weak compared to other members of the ward. He wonders if it is even possible for him to ever know for himself all the things that others are testifying of.
- Partway through the meeting, Liz stops paying attention to the testimonies. She thinks to herself, "I have already heard everything they are saying, and I already know it's all true." She has also felt less desire to read the scriptures and attend seminary because she feels her testimony is already strong enough.



### 2 Nephi 28:30



	F	b	, t	S	t	L	G:	I
W	g	u	t	C	O	m	1	
u	1	, p		u	p	, h	a	
1		t						
t	V	7 h		u	m p		, a	
1	a	e u	m	c	,	f t	S	
1	W	7	; f	u l	n t	r		I
W	g	m	; a	f	t	t	S	
S	, W	h	e	, f	t	S	s t	)
t	a	e	t	W	t	h h		

WHEN I THINK OF THE BOOK OF MORMON, I THINK OF THE WORD



THE TRUTHS OF THE BOOK OF MORMON HAVE THE POWER TO HEAL, COMFORT, RESTORE, SUCCOR, STRENGTHEN, CONSOLE, AND CHEER OUR SOULS.

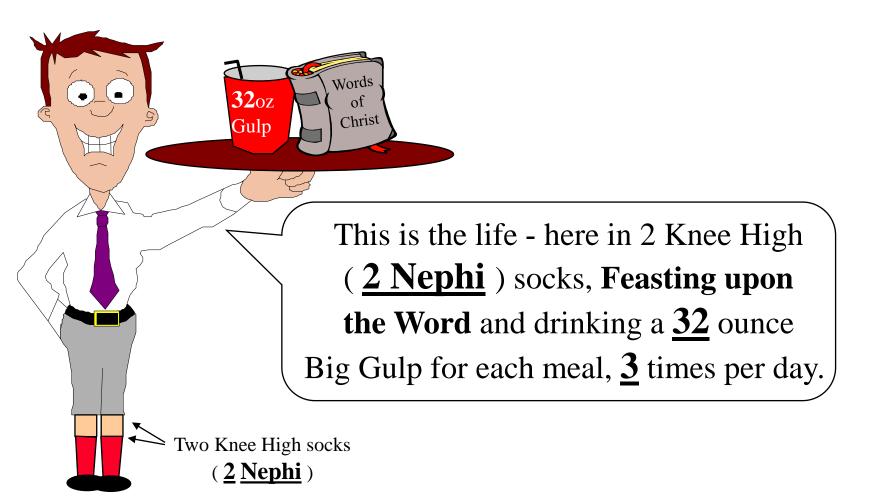
PRESIDENT RUSSELL M. NELSON

OCTOBER 2017 GENERAL CONFERENCE

### 2 Nephi 32:3

3 Angels speak by the power of the Holy Ghost; wherefore, they speak the words of Christ. Wherefore, I said unto you, feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do.

# "Feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do."





### Scripture Study Skill Annotations



- Topics and Tags in margins
- Pithy (5 words or less?)
- If you are not writing right next to the verse,
   start your annotation with the verse number
- Electronically -Note
- Annotate 2 Nephi 32:3
  - –Examples



### The Daily Dilemma



- Your friend feels like she doesn't have the direction from God she needs in life, and is not sure what to do.
- Your friend says to you, "I know studying the scriptures is a good thing to do, but with all the things going on in my life right now, I just don't have time, especially not every day."
- "Don't yield to Satan's lie that you don't have time to study the scriptures. Choose to take time to study them. Feasting on the word of God each day is more important than sleep, school, work, television shows, video games, or social media. You may need to reorganize your priorities to provide time for the study of the word of God. If so, do it!" (Richard G. Scott, "Make the Exercise of Faith Your First Priority," Ensign or Liahona, Nov. 2014, 93)



### 2 Nephi 32:3



4	A	S	b	t	p	o t	
H	G	; W			, t	S	t
W	O	C	. W	-		, Is	u
y	, <u>f</u>	u	t	W	(	) C	<b></b> ;
f	b	, t	W		o C	W	t
У	a t	7	W	y	S	d.	

SOMETHING POWERFUL HAPPENS WHEN A CHILD OF GOD SEEKS TO KNOW MORE ABOUT HIM AND HIS BELOVED SON. NOWHERE ARE THOSE TRUTHS TAUGHT MORE CLEARLY AND POWERFULLY THAN IN THE BOOK OF MORMON. -PRESIDENT RUSSELL M. NELSON

### **Doctrinal Mastery Quiz**

- 1. \_\_\_\_ "They are free to choose liberty and eternal life... or... captivity and death."
- 2. \_\_\_\_ "Feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do."
- 3. \_\_\_\_ God "will give unto the children of men line upon line, precept upon precept."
- 4. \_\_\_\_ "Adam fell that men might be; and men are, that they might have joy."
- 5. \_\_\_\_ "All are alike unto God."
- 6. \_\_\_\_ "I will go and do the things which the Lord hath commanded."

- A. 1 Nephi 3:7
- B. 2 Nephi 2:25
- C. 2 Nephi 2:27
- D. 2 Nephi 26:33
- E. 2 Nephi 28:30
- F. 2 Nephi 32:3

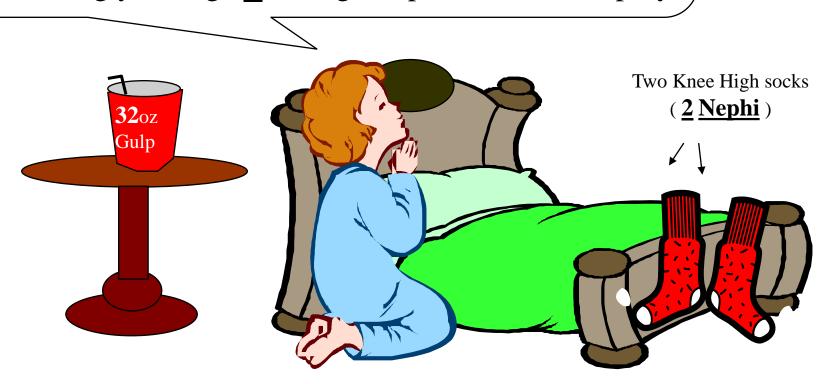
### 2 Nephi 32:8-9

8 And now, my beloved brethren, I perceive that ye ponder still in your hearts; and it grieveth me that I must speak concerning this thing. For if ye would hearken unto the Spirit which teacheth a man to pray, ye would know that ye must pray; for the evil spirit teacheth not a man to pray, but teacheth him that he must not pray.

9 But behold, I say unto you that ye must pray always, and not faint; that ye must not perform any thing unto the Lord save in the first place ye shall pray unto the Father in the name of Christ, that he will consecrate thy performance unto thee, that thy performance may be for the welfare of thy soul.

### "Ye must pray always."

The Spirit Teaches me To Pray Always at night on my 2 knees (2 Nephi) after I drink my 32 oz Big Gulp! The year you are baptized (age 8), and the following year (age 9), a big temptation is not to pray.





## Scripture Study Skill Marking Parts of a Verse



- Red pen can be nice.
- Don't let how you mark the whole verse get in the way of marking the smaller parts.

"You haven't read them until you've red them." "You haven't read them until you've red them."



### The Daily Dilemma



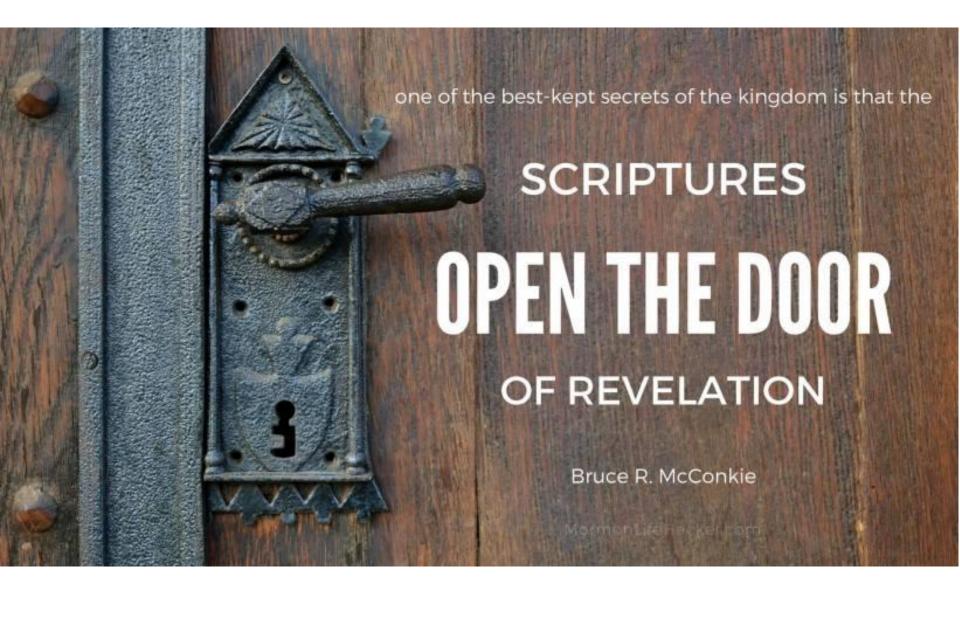
- What should a person do before performing a priesthood ordinance or anything for God?
- Trade off answering the following concerns:
  - A. I just don't feel like praying.
  - B. It has been almost impossible to get into a habit of praying.
  - C. God already know everything, so why do I need to pray?
  - D. I just don't feel anything when I pray.



#### 2 Nephi 32:8-9



, m b n , I p ; a i g m t i y h .F i y w t S w am t p y W t y m p ; f t e s t n a t p , b t h t h m n , Is u y t y m a ; t y m n p a i t f p y s S , t h w c n o C t, t t p o t S W



### **Mosiah 2:17**

17 And behold, I tell you these things that ye may learn wisdom; that ye may learn that when ye are in the service of your fellow beings ye are only in the service of your God.

# "When ye are in the <u>service</u> of your fellow beings ye are only in the service of your God."



King Mosiah is trying to live his father's teaching of Serving his Fellow Beings.

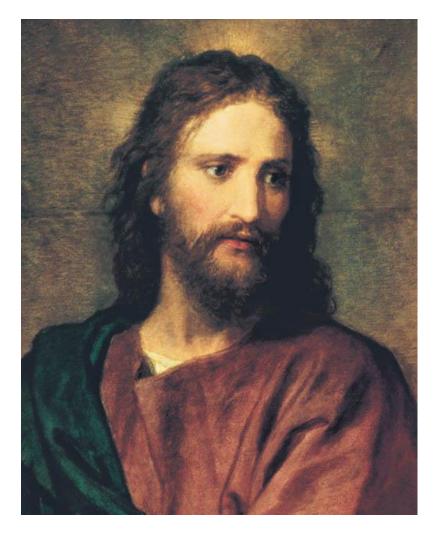
To serve 2 Hamburgers, a person cannot get a food Serving permit until they are 17 years old.



### Scripture Study Skill What Does It Teacher About God?



• Look for what the verse(s) teach about the character of God?





### The Daily Dilemma



- You are asked to give a talk in Church on service and you want a good scripture to share. How would you share that scripture?
- Sophia was asked by her Church leaders to take a birthday treat to a less active girl in her Young Women class. When the girl came to the door, she was not very friendly to Sophia. Feeling hurt, Sophia walked away regretting that she had done the service.
- Oliver's next-door neighbor is an elderly man who lives alone. Oliver's family tries to be helpful to the man, but Oliver finds it inconvenient and tiring to help his neighbor. Oliver doesn't like helping because he feels like he does plenty of work at his own house.



### **Mosiah 2:17**



	A b		, I	t	y	t		t		
t	y m	1	•	W		; t		y	m	
1	t v	V	y	a	i	t	S		(	<b>C</b>
У	f	b		У	a	O		i	t	
S	O	Y	G	•						

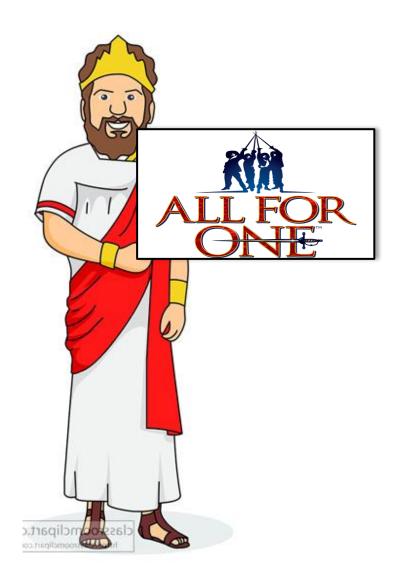


#### Mosiah 2:41

41 And moreover, I would desire that ye should consider on the blessed and happy state of those that keep the commandments of God. For behold, they are blessed in all things, both temporal and spiritual; and if they hold out faithful to the end they are received into heaven, that thereby they may dwell with God in a state of never-ending happiness. O remember, remember that these things are true; for the Lord God hath spoken it.

# "Those who keep the commandments of God... are blessed in all things."

**Mosiah** learned from his father that **2** be blessed and happy, we must be all **4-1**.





### Scripture Study Skill Context







### The Daily Dilemma



- You want to help your friend understand that keeping God's commandments brings long-term happiness and blessings.
- Jenna tries to keep the commandments but does not feel like it makes her life any easier, happier, or better. She still struggles in school and has some problems with family and friends. If her obedience to commandments is supposed to bring happiness, why does she feel this way?



### **Mosiah 2:41**



	A	m		, I	$\mathbf{W}$	d	t	y s	
c		O	t	b	a	h	S	o t	
t	k	t	c			O	G.	F	
b		, t	a	b	i	a t	,	b	
t		a	S		; a	i t	h	O	
f		t t	e	t	a	r	i	h	,
t	t		t	m	d	W	G	i as	
Ο	n	<b>-</b> е		h		.Or		,	
r		t	t		t	a t	; f	t L	
G	h			i.					

Scriptures can **calm** an agitated soul, giving peace, hope, and a restoration of confidence in one's ability to overcome the challenges of life. Richard G Scott

#### **Mosiah 3:19**

19 For the natural man is an enemy to God, and has been from the fall of Adam, and will be, forever and ever, unless he yields to the enticings of the Holy Spirit, and putteth off the natural man and becometh a saint through the atonement of Christ the Lord, and becometh as a child, submissive, meek, humble, patient, full of love, willing to submit to all things which the Lord seeth fit to inflict upon him, even as a child doth submit to his father.

# "[Put] off the natural man and [become] a saint through the atonement of Christ the Lord."



Mosiah's father taught that Natural Man should become like a 3 year old child.

A young woman can go on mission at age 19.





### Scripture Study Skill Look for Symbolism



• Look for as many symbols as you can in the Doctrinal Mastery verse.



### The Daily Dilemma



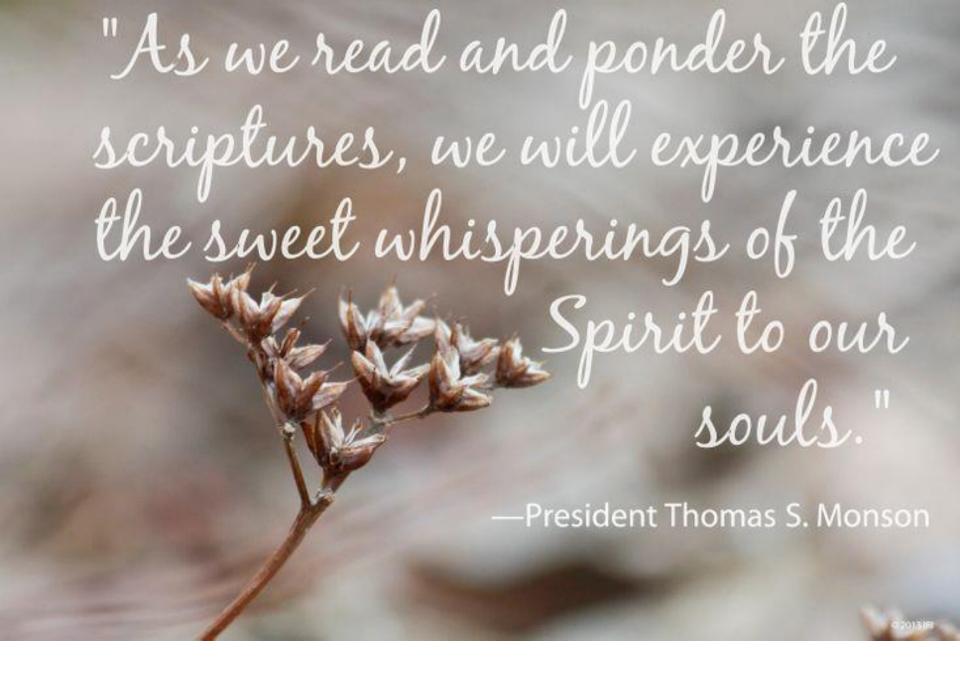
- Imagine you are teaching a lesson about Mosiah 3:19 to a primary class in your ward or branch. How might you explain the message of this doctrinal mastery passage to a group of young children?
- Toviyah has struggled with controlling his temper for many years. He often gets angry at his siblings and parents and raises his voice. He also struggles to get along with others at school. One day, while talking to his parents about his short temper, he exclaims: "I wish I could be a more patient person, but I don't feel like I can. This is just the way I am!"



### **Mosiah 3:19**



F	t	n	m	i a e	t	G,
a h	b	f	t f	o A	, a	W
b, f		a e	, u	h y	, t	t
e	O	t F	H S	, a	p	o t
n	m	a 1	b	a s	t	t
		· C	4	T o	1_	
a		o C	τ	L, a	D	a
a c				, h		, f
	, S		, m		, p	, f
a c	, S	t	, m s	, h	, p	, f



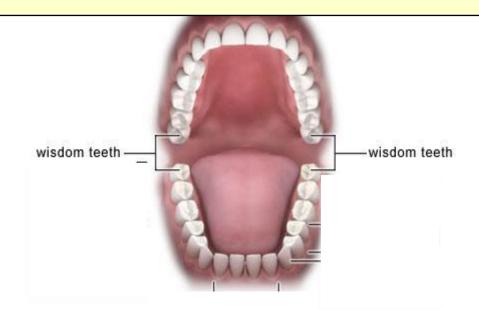
### Mosiah 4:9

9 Believe in God; believe that he is, and that he created all things, both in heaven and in earth; believe that he has all wisdom, and all power, both in heaven and in earth; believe that man doth not comprehend all the things which the Lord can comprehend.

# "Believe in God;... believe that he has all wisdom."



Mosiah's father taught you can believe in God and that He has all Wisdom. You can also believe that if you had all your Wisdom teeth, you would have 4. God has all wisdom, "Nein" 9?





## Scripture Study Skill Put It In Your Own Words



- Put the verse in your own words using modern language.
- Summarize the verse to the person next to you.



## The Daily Dilemma



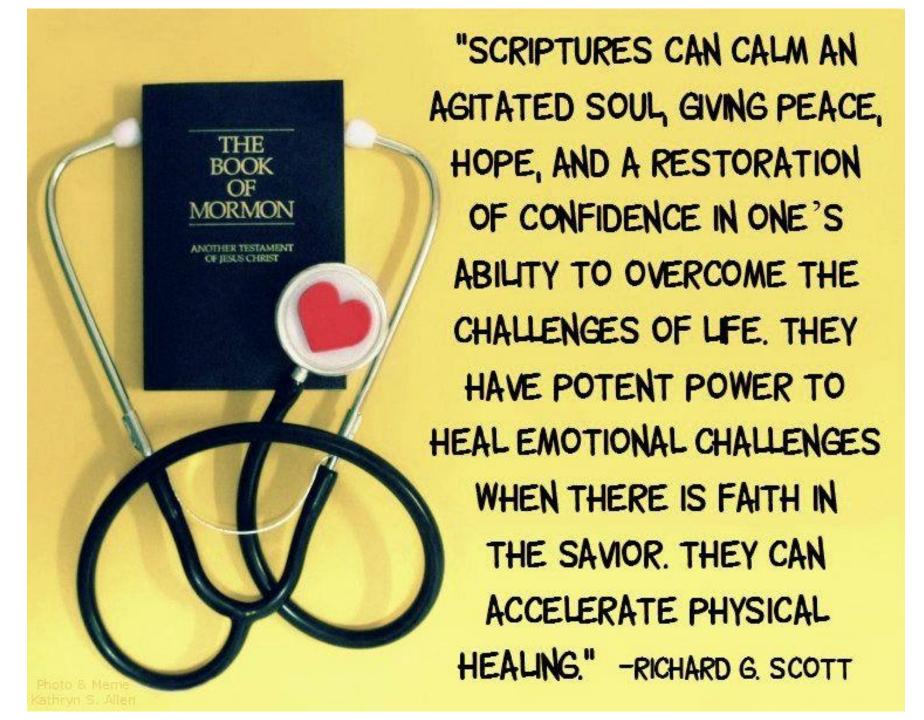
- How can you help your friend trust in God because God is all knowing and all wise?
- How is all knowing and all wise different?
- Myra is in a class where the teacher makes fun of religion and doesn't believe in God. These comments bothered Myra at first, but over a few months in the class, she is starting to wonder if her teacher might be right. She had always believed in God, but now she feels that she might be starting to doubt God's existence.



## Mosiah 4:9



	В		i	<b>G</b> ;	b	<b>t</b> 1	hi,
a	t	h	c		a t	, b	i
h		a			; <u>b</u>	t	h
h	a	W		_, a	a p	, 1	o i
h		a			; b	t	m
d	n	C			a t	t	
W		$\mathbf{t}$	L	c	c		•



#### Mosiah 18:8-10

- 8 And it came to pass that he said unto them: Behold, here are the waters of Mormon (for thus were they called) and now, as ye are desirous to come into the fold of God, and to be called his people, and are willing to bear one another's burdens, that they may be light;
- 9 Yea, and are willing to mourn with those that mourn; yea, and comfort those that stand in need of comfort, and to stand as witnesses of God at all times and in all things, and in all places that ye may be in, even until death, that ye may be redeemed of God, and be numbered with those of the first resurrection, that ye may have eternal life—
- 10 Now I say unto you, if this be the desire of your hearts, what have you against being baptized in the name of the Lord, as a witness before him that ye have entered into a covenant with him, that ye will serve him and keep his commandments, that he may pour out his Spirit more abundantly upon you?

# Be "baptized in the name of the Lord, as a witness... that ye have entered into a covenant with him."



Mosiah knows that 18 year old young men can help people qualify for Baptism. But not before they are 8-10 years old.





### Scripture Study Skill Visualize or Illustrate it



- Try to visualize the verse or imagine the verse being put into practice.
- Try illustrating the idea in the margin.



## The Daily Dilemma



- As a missionary, you are trying to help your investigators understand the qualifications for baptism.
- Explain to a new Young Woman about what it means: "standing as a witness of God"
- Imagine that you were asked to speak at an eight-year-old child's baptismal service about the covenant they were making. Record how Mosiah 18:8–10 could help you explain the covenant and how keeping the covenant would help the child become more like Jesus Christ.

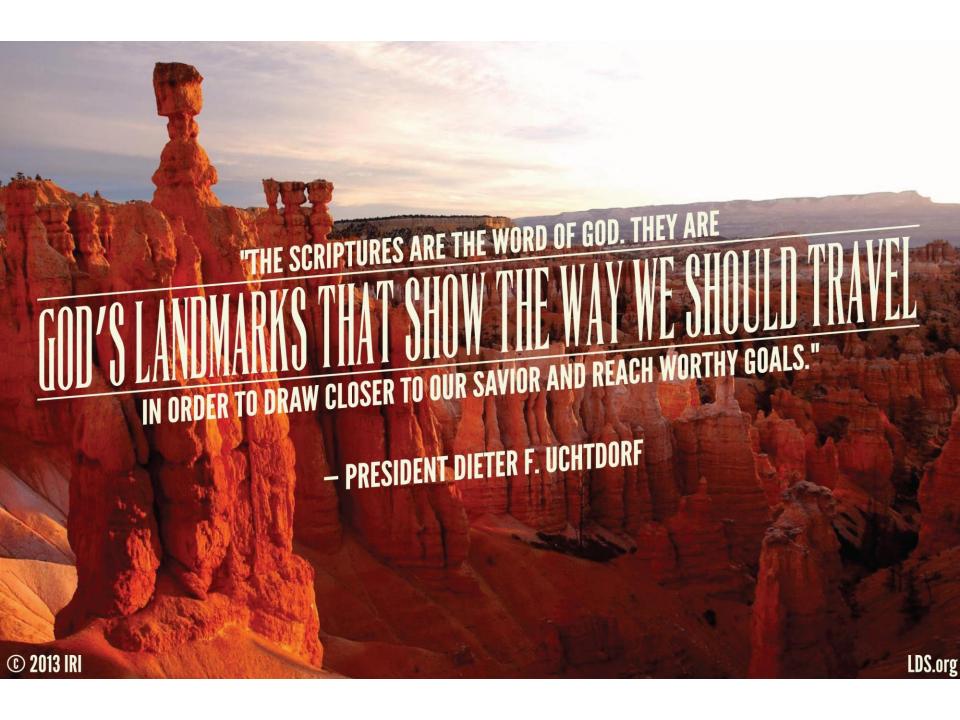


#### Mosiah 18:8-10



ic tp t hs u t :B , h a t o M (f t w t c ) a n , a y a W i t f o G, a t b c t b o a b t m b l; W , a a w t m w t t m ; y , a s in oc , a ts a oG aat a iat ,a iap t ymbi,e u d, t ymbr oG, a t ot f r ,t y m h  $\mathbf{W}$ N Is uy, it btd oy h, w

h b b it n ot a h t y h e i b a c W h a k h c h m t S h S  $\mathbf{m}$ a u



### Alma 7:11-13

- 11 And he shall go forth, suffering pains and afflictions and temptations of every kind; and this that the word might be fulfilled which saith he will take upon him the pains and the sicknesses of his people.
- 12 And he will take upon him death, that he may loose the bands of death which bind his people; and he will take upon him their infirmities, that his bowels may be filled with mercy, according to the flesh, that he may know according to the flesh how to succor his people according to their infirmities.
- 13 Now the Spirit knoweth all things; nevertheless the Son of God suffereth according to the flesh that he might take upon him the sins of his people, that he might blot out their transgressions according to the power of his deliverance; and now behold, this is the testimony which is in me.

# "And he shall go forth, suffering pains and afflictions and temptations of every kind."



Alma taught that, instead of staying in Heaven (7) Jesus came down and suffered so he can help us, get through things like becoming an adolescence (11-13 years old).





# Scripture Study Skill Find a List



- Look for the main teachings in the verse.
- Look for a list.
- Number the list in the scriptures.



## The Daily Dilemma



- Suppose that a friend texted you about something difficult they are going through. You think the message in Alma 7:11–13 will be helpful. How would you summarize the verses in a way that might help your friend through their difficulty?
- Ever since Peter's parents divorced a few years ago, he has felt like his life has become more and more difficult. Peter has also mostly stopped attending church, reading his scriptures, and praying to God. Opening up to you he said, "I want things to get better, but I don't know where to turn. I feel so alone and stuck in my situation." Use the teachings in Alma 7:11–13 to help Peter with his challenge.



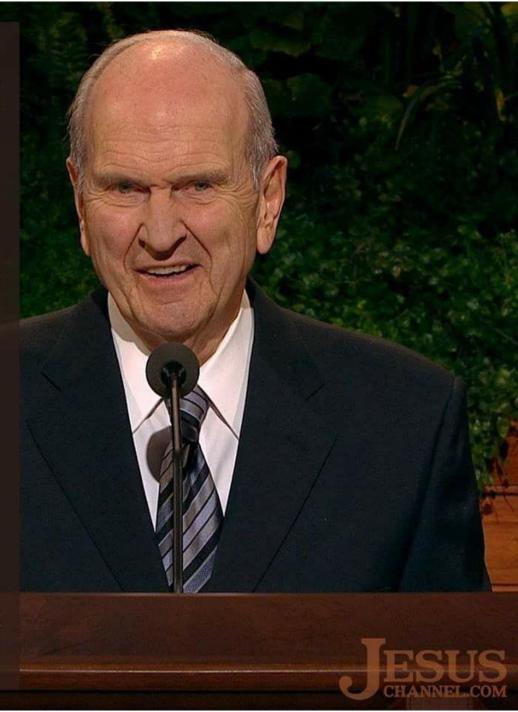
### Alma 7:11-13



	A	h	S	g	f	, S		p	)	a	a		a	
t			O	e	k	; a	t	t	t	V	V	m	b	
f		W		S	h	<b>W</b> 1	t	u	h	t	p		a t	
S			o h	p		•								
	A	h	W	t	u	h	d	•	, t	h	m	1	t	
b	(	o d		W	b	h	p		; a	h	W	t	u	
h						h								
m						f								t
	$\mathbf{f}$	h	t	S		h p		a			t t			
i		•	,											
	N	t	S		k		a t		; n			t	$\mathbf{S}$	O
G	S		8	ì		t t	f	1	t	h 1	n	t	u	
h	t	S	O	h	p	, t	h	m	•	b	Ο	t		
t						t t							; ;	1
n	b		, t	i	t	t		W	i	i	m	•		

"I promise that if you study the Book of Mormon every day you will make better decisions every day."

-Russell M. Nelson



### **Doctrinal Mastery Quiz**

1. \_\_\_\_ "When ye are in the service of your fellow beings ye are only in the service of your God." \_\_\_\_\_ Be "baptized in the name of the Lord, as a witness... that ye have entered into a covenant with him." 3. \_\_\_\_ "Believe in God;... believe that he has all wisdom." "And he shall go forth, suffering pains and afflictions and temptations of every kind." \_\_\_\_ "Ye must pray always." \_\_\_\_ "[Put] off the natural man and [become] a 6. saint through the atonement of Christ the Lord."

"Those who keep the commandments of

God... are blessed in all things."

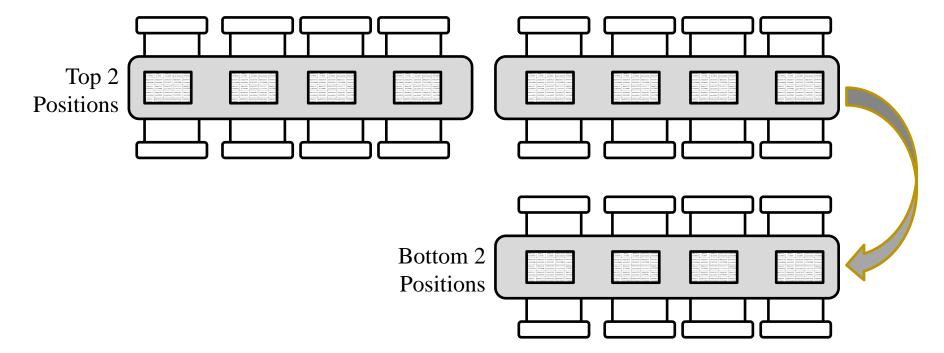
- A. 2 Nephi 32:8-9
- **B.** Mosiah 2:17
- **C.** Mosiah 2:41
- D. Mosiah 3:19
- E. Mosiah 4:19
- F. Mosiah 18:8-10
- G. Alma 7:11-13

#### Slap-Jack

Before you can have effective scripture chasing, they first need to learn the references to the key words or clues. This game sharpens that skill. It will also help you see who is your fastest. There are many versions of this game. How I do it is I set a long row of tables and seat students on each side facing each other. How many depends on how many students you have. All student's things (including scriptures) need to be put away far from the tables. They may use their bookmarks if they still need it.

One end is the top positions and the other is the bottom positions. There can be no seats not filled and only an even number of students can play at once. One paper (see handouts) is placed between each pair facing each other. Some key words are said by you and the first in the pair to touch that square with their index finger, wins. Do best of 3. Then the winner of the best of 3 goes **ONE** seat up (towards the top position) and the loser goes down **ONE** seat towards the bottom position. After each best of three, each student will have to move down or up. No one can remain sitting in the same place **unless** they won in the very top position **or** lost in the very bottom position. They may have to switch to the other side of the table if the chair next to them is filled. The first time can be confusing but once you have done it a couple of times, it's easy.

The number or chairs and tables will naturally depend on the size of your class. You can also do it chasing in their scriptures instead of slapping the reference on the paper.



2 Nephi 32:3	1 Nephi 3:7	2 Nephi 2:25
E:28 i4dəN 2	Z:£ iqdəN Ţ	S7:7 !4dəN 7
2 Nephi 2:27	2 Nephi 28:30	2 Nephi 26:33
	08:87 i4dəN 2	EE:97 !YdəN 7

"Adam fell that men might be; and men are, that they might have joy." ".yoj əvad İdğim yadı İaye" might be; and men are, "Adam fell that meh

"I will go and do the things which the Lord hath commanded."

".bebnemmoo which the Lord hath "I will go and do the things

"Feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do."

".ob all things what ye should words of Christ will tell you Christ; for behold, the "Feast upon the words of

"All are alike unto God."

"bod"

God "will give unto the children of men line upon line, precept upon precept."

"They are free to choose liberty and eternal life... or... captivity and death."

upon precept." upon line, precept children of men line God "will give unto the

captivity and death." liberty and eternal life... or... "They are tree to choose

"All are alike unto

Mosiah 18:8-10	Mosiah 2:17
01-8:81 daisoM	71:2 daisoM
Mosiah 4:9	2 Nephi 32:8-9
e:4 daisoM	6-8:5£ idq9N 2
	OT-8:81 HaisoM

"When ye are in the service of your fellow beings ye are only in the service of your God."

wWhen ye are in the service of your fellow beings ye are only in the service of your God."

Be "baptized in the name of the Lord, as a witness... that ye have entered into a covenant with him."

Be "baptized in the name of the Lord, as a witness... that ye have entered into a covenant with him."

"Those who keep the commandments of God... are blessed in all things."

"Those who keep the ...boo fo stnembnammoo are blessed in all things."

"Ye must pray always."

"Ye must pray always."

"Believe in God;... believe that he has all wisdom."

...;boD ni əvəiləd" lls ssd əd tsdt əvəiləd ".mobsiw "[Put] off the natural man and [become] a saint through the atonement of Christ the Lord."

"[Put] off the natural man and [become] a saint through the atonement of through the Lord."